

RED SOCKS RUN

**Run like a life
depends on it...**

**This October we're
challenging you to run,
walk, or ride 60km
to combat kidney disease.**

**Turn your good health into
the support that can save a life.**

**Sign up for the Red Socks Run.
1st - 31st October 2022.**



**Every day,
on average
63 Australians
will die with
kidney related
diseases**

redsocksrun.org.au | 1800 454 363 | redsocks@kidney.org.au

