

# RED SOCKS RUN

**Run like a life depends on it... This October we're challenging you to RUN, WALK, or RIDE 60km to combat kidney disease. Turn your good health into the support that can save a life.**

**Sign up for the Red Socks Run today:  
[redsocksrun.org.au](http://redsocksrun.org.au)**



**On average, 66 people a day die with kidney disease**

**1 in 10 Australians have signs of kidney disease**

