

A Communication from the KKR Rally Organising Committee

ARE YOU RALLY READY YET?

This year's Kidney Kar Rally will be a challenging adventure for all, and a real test of the krew and machine, as we traverse over 2500km of rugged New South Wales terrain. To get to the end, your kar and krew will need to be Rally and Kruise ready.

Don't leave your preparation to the last few weeks, plan well ahead to avoid the last-minute rush, which may cause you to overlook a vital part of your preparation and catch you out on the rally.



Scrutineering

Each vehicle entering the Kidney Kar Rally will be required to pass scrutineering before permission is given to start the rally. Scrutineering is a check of your vehicle's roadworthiness, compliance with specific rally regulations, and compulsory equipment by an official Kidney Kar Rally scrutineer. Prior to the KKR, have your local licensed mechanic inspect your vehicle, complete and sign the Pre-Event Scrutineering Form. Although this step is a self-scrutineering one, we strongly recommend that a licenced mechanic or an experienced independent person carry out the check. Don't forget to bring this form with you to scrutineering!

Here are a couple of tips:

- Make sure all your kit is well organised and properly secured especially if stored in the cabin.
- RallySafe mounting kit: Received and installed correctly.
- Compulsory items: Check you have packed all compulsory items.
- CTP Insurance: Rally extension confirmation for your CTP insurance provider (Qld. Vehicles)





The Kidney Kar Rally will again use RallySafe 'status awareness system' for the real-time tracking of all vehicles, and new for this year, the automated timing system.

RallySafe uses the Global Positioning System (GPS) technology to track and record your vehicle times throughout the event. It is therefore essential your

RallySafe System is correctly installed to minimise shadow areas and resultant latency or disconnection, particularly in forest or heavy timbered areas.

The timing system records each vehicle's Rally section times, speeds and other information to determine your daily score, associated penalties, and event leader boards.

The tracking system lets us know where all rally participants are at all times, so there's no escape, we will find you and know exactly where you have been! An added bonus of the tracking system is it can be viewed throughout the rally by all your family and friends, so they too can see where you are at any time while you are on or off course.

Antenna condition and installation are critical and should be regularly checked throughout the event.

To maximise satellite reception the antenna must be mounted in a clear space on the roof of the vehicle, as shown in the example image below. Cables neatly run to the unit mounting location, taking care not to pinch or acutely bend the wires in door frames or entry points. Cables should then be taped or tied securely.

Power wires must be connected directly to the vehicle battery (not switched). The plug end will glow green to indicate a positive power connection.

First time KKR teams will need to purchase a RallySafe installation kit. The kit contains amounting bracket, GPS antenna and power lead. You can purchase the kits from: <https://shop.statusas.com>. Kits MUST be correctly installed prior to presenting your kar for Scrutineering on Saturday, 6th September in Bathurst. Check out the RallySafe Guide for further instructions and become familiar with using the system. Previous KKR participants should check the condition of their antenna and power lead.



Link to RallySafe Fitting Instructions Guide:

rallysafe.com.au/wp-content/uploads/2017/03/RallySafe-Car-Fitting-Kit-Instructions-2017.pdf



Fuel

The rally will be travelling through parts of NSW where fuel supplies become less frequent, and quality may vary.

Paying for fuel can also become more complicated with limited service hours or 24hr credit card payment only pumps. Make sure you have your credit card with you. Planning your daily fuel stops is essential, check your road book for daily distances and fuel supply locations. There are a number of days where your vehicle may need to cover a minimum fuel range of 400km unassisted. This can be achieved by increasing the vehicles on board fuel tank capacity or carrying jerry cans, to top up the tank as you go.

Here are couple of tips to consider:

When estimating fuel consumption, make sure you allow for the varying road and driving conditions. Hard slow driving conditions can increase your average fuel consumption figures and catch you out!

Fuel quality at some of the remote towns and stations can vary. A few spare fuel filters and a fuel pump are “must have” spares. Also, premium unleaded petrol PULP is not always available.

Make sure your fuel containers are in good condition and well secured in a safe place on the vehicle. Check them every time you stop, they may have vibrated loose or started to leak.

Safety, Rules and Regulations

The safety of everyone involved in the Kidney Kar Rally is our number one priority and to do so requires specific rules and regulations and safety advice. It is vital that you are familiar with the safety advice, rules and regulations, and understand your responsibilities.

Safety advice such as driving in dusty conditions, using your UHF radio, sharing one lane roads with heavy vehicles, including specific rules for Kruise and Rally participants can be viewed on the KKR website.

It is also important that you have read the Terms and Conditions, which is part of the registration, and is also available via the KKR website.



Compulsory Items

The Kidney Kar Rally is challenging and will at times test your skills and ingenuity to deal with a wide range of situations or mechanical problems.

A list of Compulsory Items has been compiled over many years and those items are there to ensure you are able to make your situation safe and recover your vehicle or assist other rally participants.

A list of Compulsory Items can be found on the KKR website. Print out the list and check each item off as you pack it into the kar. Remember:

- Pack heavy or large items as low in the vehicle as possible;
- Keep safety equipment in readily accessible locations;
- Know where all your compulsory equipment is stored.

The list is not exhaustive and if there are additional items you wish to include, we encourage you to do so. The Johnstons Transport “Spares Truck” is also available to carry items for you.

Tyres

So, let's talk tyres. We cannot emphasise enough the importance of having a quality set of tyres and at least two very good spares, right from the start of the rally. You will traverse some rugged terrain and remote tracks that will test the limits of the best tyre you can buy. Starting with worn or old rubber is a major safety concern. The increased chance of an accident due to a puncture or blowout or reduced grip from worn tyres is not an acceptable risk to your krew or kar.

Kars with worn or damaged tyres will not pass scrutineering.

There are many differing opinions on what tyre is suitable. Twenty different people will give you twenty different answers.

Finding a suitable replacement tyre in remote areas may not be possible either, so don't skimp on tyres. Talk to your local tyre expert, explain what you're doing and where you're going, describe your kar and its load. Let the tyre expert advise you on what you need for your particular kar for the trip.



Theme Night - Port Macquarie

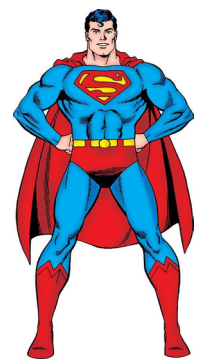


The Theme Night this year will be held on the first night that we arrive into Port Macquarie. The theme will be "All Things Disney+", that is, anything that appears on the DisneyPlus channel, or owned by Disney.

This includes not only Mickey Mouse or the Disney Princesses, but all of the Marvel characters, Raiders of the Lost Ark movies, Star Wars, Pixar, National Geographic and others.



Do your homework, work out what suits you or your personality best, and give it your best shot. Should be some interesting characters roaming the streets of Port Macquarie that night.



Ode to KKR 2024

KKR24 is done and dusted the big news being the royal ascension to the throne of Sir Peter and Lady Deb. Long live the King!

They strove and drove across our broad flat land in the most accurate way, their spirt and nous unmatched by any this day!

There was some turmoil caused by the Minions from Tumut, but even hiding from their tracking did not fool the establishment.

Sue and Wal had their day too, although being found so easy was very frustrating for those two.

The threat from Nook was taken out early, their plan came unstuck, but neither were surly.

They had a Clout with another road user, thankfully Xplant was their benefactor and not the abuser.

Team Jimmy showed us all how a Mercs arse can shimmy, shake and sag, but its all firm and tight now so if you asked them they will tell you next year is in the bag.

We had 2 more Wagons join the fray, Bill and Bob were best at finding the way.

They quietly achieved what the T-Birds could not, but those 'Birds had fun and gave as good as they got.

Short Fuse returned but is hard to know what to rhyme... the aesthetics where missing but their wit hit the chime.

Under a full moon the Boppers tried to defend their title with a broke differential.

They soon found out that part is kind of essential.

In somewhat of a Colourful Commodore Convoy one cowboy stood head and shoulders above the rest! Don't worry Richie won't fail breath test!

Llama made it through without a scratch or a ding, seems careful navigation is really a thing. Their times maybe floored, and it's fair to say their driver was bored!

Pulsation set a mark that could not be beaten, the principal let them off with a warning on our beacon. They responded by showing their heart to all in town, followed by the echo of 'JASON, SLOW DOWN'!

Belfrayden Bandits were keen on subtle sabotage, forcing teams out of position and past the repechage!

Wild Cats from Warby prowled in and left a scratch, like a nimble feline, they were bloody hard to catch!

Our favourite Subi's returned for another year. Muz entertained with music and beer.

Shaggy and Scoob played the game once more, although what that game was nobody is sure.

Alspec and their fleet must be high in our praises. Although the krews of these cars are the cause of Albert's angry gazes.

There is a wave building in Bathurst that may sweep all before it. With Rat surfing the tube, 'lifesaver' is a good fit!

Bluey was fixed after last year's early exit, but as with all these things its never as easy as 'just fix it'.

From the heir to the spare Gravel Muncher knew the assignment, clear the field for Sir Peter and lead the charge home at the right moment.

The tea party was set out in Mungo, but when the tea towel waved... where did that V6 go!

Sisters act all as one, a complaint about them? There is absolutely nun.

Of Doc and Don one was missing, filling the spot with Den made Doc wish he was fishing!

The Krew from Sunshine bought back old skip! They had new furry slippers to be used before a kip.

I'm not sure you should keep reading about failure, Wise beyond years and looking for a tailor.

A Banana for scale doesn't make much sense, unless you're a Viking that seeks recompense.

Rapid 1st Aid can fix a nick of a scratch, Phil and 'Not Les' are quick with a patch.

Pictures are something we all like see, and the camera Krew made sure they were seen in the tree.

BFGT is something I learned from the Military, Big effing Green Truck is just what it means. You will thank these blokes to carry your spare pair of jeans!

Control Krews did their usual fantastic job, many short of a pen but never of a joke to make you sob!

I pity the fools that took on the Kruise, Lightning always steals all the views!

However this scribe is partial to 80s pop culture, so find more MFP victims to feed the vultures.

Chelsea strides on with the spirit of Amy, Kidney Kids have a great role model in her if you ask me.

Triple 8 was all sinister in black, but when the windows rolled down its only Kath and Ken smiling back!

Sections were a hot topic early on this year, straight on being words to bring a tear.

But this wasn't the case for too long, RD showing us it was worth sticking it out to the final furlong.

Fed to the lions their good character began shine and I think here marks the end of my rhyme...

When all said and done and the cars are put away the kids are the winners at the end of the day.

- Duncan Benn

From “The Kids”



The Kidney Kar Rally is more than just a fundraiser — it’s a lifeline for young people living with kidney disease. The funds raised from the rally go directly to our Kidney Health 4 Youth Programs, which help children and teenagers find their way through the challenges of kidney disease.

These programs offer not only practical support but also something just as important: connection. They bring together young people and families who truly understand what each other is going through.

For every family touched by these programs, the gratitude toward our rally entrants runs deep.

Your passion, perseverance, and commitment to making a difference doesn’t go unnoticed — they are felt in every hospital visit made easier, every friendship

formed, and every moment a child feels less alone.

This year, Kidney Health Australia is hosting state-based events, and we would love nothing more than to introduce our kidney families to the amazing ‘rallytives’ — the people who make these moments possible. Your kindness has already made such a powerful impact; now, we want our families to meet the hearts behind the help.

If you’d like to be part of your local event and connect with the families you’ve supported, please reach out to Chelsea Bury, or KHA direct.

We’d be honoured to have you there.



Big Kids Helping Little Kids

Kidney Kar Rally

BATHURST TO DUBBO

VIA PORT MACQUARIE

6 - 13th SEPTEMBER, 2025

