

**What's one way
you look after your
kidney health?**

**How did you learn
about kidney
disease?**

**Who do you ask
for advice about
kidney health?**

**If you could invite
anyone to your Big Red
BBQ, who would it be
and why?**

**What is your
secret talent?**

**If you were a wrestler,
what would be your
enterence theme
song?**

**What's your
favourite
kidney healthy
food?**

**What do you find
most challenging
about kidney
disease?**

**What do you most
look forward to
every day?**

**Whats your guilty
pleasure song?**

**Who inspires you
and why?**

**Whats one goal you have
for the next 5 years?**

Q: How much kidney function can you lose without symptoms?

A: 90%

Q: In a group of 10, how many people have early signs of kidney disease

A: 1 in 10

Q: What % of the human body is water?

A: 60%

Q: Which body parts continue to grow throughout a persons life?

A: Nose and Ears

Q: Which country did the first successful Kidney Transplant?

A: Australia! (Adelaide to be specific)

Q: Which organ produces insulin?

A: The Pancreas

Q: What is the medical term for high blood pressure?

A: Hypertension

Q: How many minutes are there in a week?

A: 1,080

Q: Which planet has the most moons?

A: Saturn (146)

True or False: Halloween originated as an ancient Irish festival.

A: True

Q: Which country invented ice-cream?

A: China

Q: Which bone are babies born without?

A: Kneecaps