

Safety Manual



Bathurst to Dubbo via Port Macquarie 6-13 September 2025

RALLY INFORMATION

DRIVING REQUIREMENTS

A large percentage of the Kidney Kar Rally is conducted on gravel roads or single lane bitumen roads which require a high degree of concentration from the Driver and Navigator to make sure you stay on the correct course. Your Road Book will contain the information you need to assist achieve this, but you are reminded that due to the unpredictable terrain not all hazards are noted, and you must exercise due caution at all times.

You are reminded that this is NOT a race and that we cater for a wide range of driving and navigating experience as well as different types of kars, both old and new. With this in mind only drive within your experience and ability and be courteous and helpful to each other and above all else have fun. Although this is an endurance event the organisers set the itinerary so that everyone has the opportunity to take regular breaks from driving during the day as well as only driving during daylight hours.

DAILY KREW BRIEFINGS

It is important that at least one Krew member attends the Driver briefings each morning to hear from the Road Director about any changes to the Route Instructions contained in the Road Book.

- This may include warnings of additional roadside hazards or;
- Changes to the day's itinerary, including cancellations, etc.

DAILY ALCOHOL BREATH TESTING

Testing will be carried out each morning before krews are allowed to depart, and if the Driver is found to be over the prescribed minimum, they will not be allowed to drive that day.

ROAD SAFETY

The Event is NOT conducted on closed roads, so you must be aware that you will be sharing the roads with other road users, some of whom may be locals who rarely encounter another vehicle on that particular road. You may also encounter wandering stock feeding along the roadside as well as wildlife, so please be aware of these risks.

ROAD RULES AND STATE LAWS

At no time during the Rally are you exempt from any State's Road rule or law. Every road we traverse is either open to the public or relevant landowners, and you, as a driver, are 100% responsible for your own actions. Organisers have systems and procedures in place to identify anyone exceeding the recommended safe speed or State speed limits. Fun and enjoyment can be had without speeding and putting lives and reputations at risk.

Everyone who enters the Rally will get scored because the scoring system we use forms part of the event management system. This is necessary to monitor your whereabouts and to help retrieve stranded kars within daylight hours so we can all enjoy the evenings and get a good night's rest.

DRIVING TIPS

UHF RADIO USE

Your UHF radio is one of the most useful tools available to help everyone to travel safely on the rally.

- Please maintain your radio and aerial in good working order. We will conduct radio checks with you each day as you drive from the start venue.
- Every vehicle, including officials, will use channel 20.

- Make sure you place the microphone back in its holder after use so as not to block communication by jamming the talk button on.
- Use the UHF radio to warn the following kar of potential hazards such as stock, bad washouts or oncoming traffic etc. Do this with a simple message such as; "oncoming red kar at 15.5 km in Rally 2 "or cattle on road at 22.6km"
- If you want to chat to another crew on a transport, go up or down one channel but don't forget to return to Channel 20 before you start the next Rally section.
- If you have had no radio chat, then carry out regular Radio checks and repair your radio if necessary.

OVERTAKING SAFETY

As everyone travels at their own pace, it is inevitable that you will need to overtake a slower kar at some stage during the Rally.

- If you are overtaking someone other than another Rally team, then please do so with respect. You may only be driving slowly but to the other road user your kar is covered in stickers and has flashing lights and may be perceived differently. You are an ambassador for Kidney Health and REPUTATION is important.
- The same applies when driving past houses situated along gravel roads where there is dust; your speed and noise may be an issue for the property owner.
- When you approach a rally kar that you may wish to pass, identify their number and call them up by asking; "kar 99, this is kar 66, can we pass when it is safe to do so, please?"
- Do NOT overtake until they respond and have indicated they are ready and that it is safe to do so.

DRIVING IN DUST

It is inevitable that during the Rally your visibility whilst driving will be hampered by dust and as this can be very heavy you will need to exercise extra care. The following tips may help to keep everyone safe;

- It is compulsory to have each Kidney Kar fitted with an Orange Flashing Light to help following kars to see you. This light must be checked each day before you start each "Rally" section, and it must be operational.
- When driving in dusty conditions never assume the route ahead is clear, especially where your sight is further impaired by a corner or a crest. Also, on rural roads vehicles may turn onto the road between you and the kar in front, so please keep this in mind.
- Travel with your headlights on and keep as far to the left as it is safe to do so.
- Always reduce your speed past roadside houses or businesses located adjacent to gravel roads.
- If you need to stop for repairs or to change a flat tyre only stop when you are clear of the road and where approaching vehicles can see you. Use your triangles and wear your High vis Safety vests
- When approaching a Gate be especially careful as it may be shut, and another kar may be stopped. If stopping at a Gate in dusty conditions the stopped kar should radio back; "kar # stopped at gate, instruction #."

GATES

On the Rally you will encounter numerous gates, and it is important to treat these with caution and to always maintain respect for the correct protocol in opening and shutting gates.

The rule is:

• Always leave a Gate as you found it unless it has a pink ribbon on it which has been placed there by the Zero Kar. If you come across a Gate with a fluoro pink ribbon attached, then Gate MUST be closed before you proceed. This is the responsibility of the krew opening the Gate to also

close the Gate. Do NOT ask others to open or shut the gate for you.

- If you damage a Gate or fence you must note the location and complete an incident report ASAP (Hand to the nearest Control Official) as well as make it stock proof before proceeding.
- Before stopping in heavy dust, radio to the following kar that you are stopping at a Gate at Instruction # and park to the left.
- When outside your kar always watch and listen for approaching kars and look for a safe escape route.

RALLYSAFE

We will be using a GPS based system known as RallySafe on the Rally which is a communication device fitted to each kar which transmits hazards and incident warnings to assist with safety and to track your kar's whereabouts. Even in areas where mobile phone coverage is poor or non-existent. In many areas where the Rally travels through remote parts of Australia this is the case.

This vital safety feature has allowed event organisers the ability to communicate with kars during the event.

- This device will allow organisers to make sure you have not become lost or dramatically off track and can communicate via text to ask if you need help.
- The device will also allow you to advise the organisers if you require emergency assistance due to an accident or illness.
- A secondary benefit is that the unit can be used as your trip meter measuring distance travelled as well as noting your kar's speed.
- Family and friends can also follow your whereabouts via the internet or mobile devices.

All Rally and Back Up kars are required to have a RallySafe wiring kit fitted before scrutineering. Kruise kars do not require RallySafe. The cost of monitoring the units at the event is already included in your per person Entry Disbursement Fee.

All units must be returned before the Finish presentation or if you retire early from the Rally. Instructions on installing the units will be made available upon payment of your Registration Fee, and the wiring kits must be installed before your kar passes scrutineering.

INCIDENT REPORTS

Incident Reports should be completed and handed to either an Event Official or the Road Director ASAP in certain circumstances:

- Where a Rally participant or an Official's kar damages property such as gates, fences, roadside poles, signs or buildings etc.
- Where stock or wildlife are hit and injured by a Rally participant or Official's kar.
- Any collision involving a Rally participant or Official kar with either another Rally participant or Official's kar or a member of the public's kar.
- Any collision involving a Rally participant or Official kar where a member of the public has been hit or injured.
- Any incident involving dangerous driving by Rally participants or where cases of bullying or harassment have been observed.

NB! In cases of urgency, you may use a "Smart" phone to photograph the Incident Report located in your Road Book and email it to; adam@hpsm.com.au.

ON COURSE INJURY PROCEDURE

Prior to starting the Kidney Kar Rally, please familiarise yourself and your krew with the "Emergency Action Plan", which appears in your Road Book.

The Kidney Kar Rally provides a vehicle on the Event crewed by at least two (2) qualified with First Aid accreditation. This Kar is recognisable by the door sticker; "FIRST AID" and travels the full Rally route each day amongst the Rally field.

As the "FIRST AID" krew may not always be able to respond as a First Intervention Vehicle (FIV), the Organisers have identified alternate procedures where an Incident resulting in a serious injury or emergency occurs during the Rally.

CONTACT DETAILS

"FIRST AID" will carry a mobile phone and a satellite phone as well as be tracked via RallySafe. Road Director will also have a Mobile Phone and a Satellite phone. Contact details will be in the Road Book.

RALLYSAFE HAZARD ACTIVATION

Refer to the RallySafe Manual provided to all Rally Entrants. There is also a copy in the Road Book.

- When in a Rally section, the RallySafe unit in each kar has an option to use the "HAZARD" button if kar stops and can be used to Upgrade the Hazard to SOS if MEDICAL is required.
- Krews can downgrade Hazard where no urgent assistance is required by using the OK button.
- Should a krew activate the SOS for Medical Assistance the Safety Officer who is monitoring RallySafe Tracking from a Base will put their emergency response procedure in place to identify either AMBO's location or contact 000 if Ambulance or Fire is required. The Road Director and AMBO will be advised of the Incident.

NEXT KAR ON THE SCENE

Should you be the next kar on the scene of an accident you will receive a HAZARD warning on your kar's RallySafe and depending on what the screen displays will dictate your actions;

- If the screen has a yellow background with the word HAZARD kar # and a distance in metres this may simply indicate a kar has stopped for some reason (gate or puncture etc.) or they may have had an incident but are OK.
- If the screen is RED and the words SOS are showing, you must STOP and render assistance. If the krew are OK but have forgotten to hit OK, then please make sure they downgrade the RallySafe unit to OK.
- In case the RallySafe Safety Officer has not yet responded to a HAZARD, you may have to wait several minutes for a text reply from RallySafe asking if you need medical assistance. If the RallySafe antenna is damaged in the stopped vehicle, the following vehicle can transmit a Hazard via their RallySafe unit and stay with the unit to monitor messages.
- If you do not have mobile phone coverage, stay with the injured crew and send the next kar ahead to try and get phone service to call 000 and/or FIRST AID or Road Director.
- DO NOT panic, stay calm and once Emergency services have been contacted stay with the injured person(s)
- There are also often other medical professionals entering the Rally or at Control Point.
- RallySafe will have details of the GPS co-ordinates of the incident and can advise Emergency services or FIRST AID.
- Krews from a stopped kar in a Rally section are advised to display their warning triangles as well as the Green OK sign if no help is required or alternatively the Green Cross sign (Both signs are at the back of the Road Book)
- If no HAZARD has been displayed by RallySafe and no OK sign is displayed by a stopped Kidney Kar, you should stop and confirm with the krew if they are OK before proceeding.